



Paul, an apostle of Christ Jesus by the will of God, To God's holy people in Ephesus, the faithful in Christ Jesus:
² Grace and peace to you from God our Father and the Lord Jesus Christ
Ephesians 1:1-2 NIV

We Will Live a Blessed Life By...

1. Believing God Has Blessed Us.

Praise be to the God and Father of our Lord Jesus Christ, who has **blessed us** in the heavenly realms with every spiritual blessing in Christ. Ephesians 1:3 NIV

We Will Live a Blessed Life By...

2. Believing God Has Chosen Us.

For he **chose us** in him before the creation of the world **to be holy and blameless in his sight**. Ephesians 1:4 NIV

We Will Live a Blessed Life By...

3. Believing God Has Adopted Us.

In love ⁵ he **predestined us** for **adoption** to sonship through Jesus Christ, in accordance with his pleasure and will— ⁶ to the praise of his glorious grace, which he has freely **given us** in the One he loves.
Ephesians 1:5-6 NIV

We Will Live a Blessed Life By...

4. Believing God Has Redeemed Us.

In him we have **redemption through his blood**, the forgiveness of sins, in accordance with the riches of God's grace ⁸ that he **lavished on us**. With all wisdom and understanding, ⁹ he **made known to us** the mystery of his will according to his good pleasure, which he purposed in Christ, ¹⁰ to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ. ¹¹ In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, ¹² in order that we, who were the first to put our hope in Christ, **might be for the praise of his glory**.
Ephesians 1:7-12 NIV

We Will Live a Blessed Life By...

5. Believing God Has Sealed Us.

And you also were included in Christ when you heard the message of truth, the gospel of your salvation. **When you believed, you were marked in him with a seal, the promised Holy Spirit**, ¹⁴ who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory. Ephesians 1:13-14 NIV
